

## MONDAY

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| <b>Yolk &amp; Folk:</b> warm Belgian waffles                                                                    | \$4.95          |
| <b>Ladle:</b> butternut squash soup                                                                             | \$2.59 / \$3.69 |
| <b>Main Dish:</b> curry bar: chicken, shrimp, crab, assorted veggies sautéed in a curry sauce over coconut rice | \$12.99         |
| <b>Char House:</b> Korean bbq grilled chicken sandwich topped with cucumber salad                               | \$10.99         |
| <b>Heritage Deli:</b> vegetable mediterranean flat bread panini with hummus                                     | \$7.69          |
| <b>Salad Studio:</b> fall harvest salad with butternut squash, pumpkin kernels, raisins and feta cheese         | \$7.69          |
| <b>Rustica:</b> plain pizza, grilled peach and prosciutto pizza                                                 | \$3.45/ \$3.65  |

## TUESDAY

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| <b>Yolk &amp; Folk:</b> sweet potato breakfast hash with sunny side up egg                              | \$4.95          |
| <b>Ladle:</b> butternut squash soup                                                                     | \$2.59 / \$3.69 |
| <b>Main Dish:</b> ice cream sundae bar: chocolate, vanilla and strawberry ice cream and toppings        | \$4.95          |
| <b>Char House:</b> chicken schnitzel sandwich with breaded chicken, Dijon mustard, tomato               | \$6.99          |
| <b>Heritage Deli:</b> vegetable mediterranean flat bread panini with hummus                             | \$7.69          |
| <b>Salad Studio:</b> fall harvest salad with butternut squash, pumpkin kernels, raisins and feta cheese | \$7.69          |
| <b>Rustica:</b> plain pizza, Greek pizza                                                                | \$3.45/ \$3.65  |

## WEDNESDAY

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| <b>Yolk &amp; Folk:</b> pumpkin spice pancakes                                                          | \$4.95          |
| <b>Ladle:</b> butternut squash soup                                                                     | \$2.59 / \$3.69 |
| <b>Main Dish:</b> herbed baked chicken with roasted sweet potatoes and brussels sprouts                 | \$12.35         |
| <b>Char House:</b> turkey corn dogs                                                                     | \$2.09          |
| <b>Heritage Deli:</b> vegetable mediterranean flat bread panini with hummus                             | \$7.69          |
| <b>Salad Studio:</b> fall harvest salad with butternut squash, pumpkin kernels, raisins and feta cheese | \$7.69          |
| <b>Rustica:</b> plain pizza, steak and bleu cheese pizza                                                | \$3.45/ \$3.65  |

## THURSDAY

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| <b>Yolk &amp; Folk:</b> steak, fried egg and grilled onions on everything bagel                          | \$5.95          |
| <b>Ladle:</b> butternut squash soup                                                                      | \$2.59 / \$3.69 |
| <b>Main Dish:</b> lo mien noodle bar: chicken, shrimp, assorted vegetables sautéed in a sesame soy sauce | \$13.95         |
| <b>Char House:</b> bratwurst and sauerkraut on a long roll                                               | \$6.59          |
| <b>Heritage Deli:</b> vegetable mediterranean flat bread panini with hummus                              | \$7.69          |
| <b>Salad Studio:</b> fall harvest salad with butternut squash, pumpkin kernels, raisins and feta cheese  | \$7.69          |
| <b>Rustica:</b> plain pizza, Tuscan chicken pizza                                                        | \$3.45/ \$3.65  |

## FRIDAY

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| <b>Yolk &amp; Folk:</b> bananas foster French toast                                                     | \$4.95          |
| <b>Ladle:</b> butternut squash soup                                                                     | \$2.59 / \$3.69 |
| <b>Main Dish:</b> baked potato bar: sweet potato or Idaho potato with toppings, chili and cheese sauce  | \$10.99         |
| <b>Char House:</b> bourbon Thai sweet chili wings (5)                                                   | \$9.35          |
| <b>Heritage Deli:</b> vegetable mediterranean flat bread panini with hummus                             | \$7.69          |
| <b>Salad Studio:</b> fall harvest salad with butternut squash, pumpkin kernels, raisins and feta cheese | \$7.69          |
| <b>Rustica:</b> plain pizza, veggie supreme pizza                                                       | \$3.45/ \$3.65  |